



AIRWAYS

HOTEL & RESIDENCES

# Bliss Spa Menu

An exclusive soothing spa journey..

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## SIGNATURE COLLECTIONS

### HARMONIOUS LAVISH

Float away in the sea of bliss as we offer you this lavish and calming treatment.

Your journey to relaxation begins with a 90mins. Swedish massage to balance a tired mind and body, followed by our Timeless Beauty Facial with high content of seaweed extract to preserve the skin's natural collagen with powerful anti-aging properties that repair damaged skin cells.

Then unwind in a hot bath infused with mineral sea salts.

180mins. K550

### EXEMPLARY LUXURIOUS

The joy of having glowing, smooth, soft and supple skin combined with a feeling of relaxation will put a smile on your face. This luxurious treatment helps remove toxins as you relax. Starting with a full body exfoliation under our trendy vichy shower after which you'll feel totally weightless with our detox body wrap designed to eliminate toxins, reduce cellulites and improve skin tone and texture.

It will be followed by an hour of utterly relaxing full body Swedish massage and culminate with Healthy Glow facial that's designed to revitalize and repair even to brighten dull and tired skin.

180mins. K500

### ULTIMATE INDULGENCE

An ultimate unwinding experience from head to toe that melts your tension, your body nourished and your skin hydrated. It begins with an invigorating full body exfoliation that leaves the skin nourished and glowing, followed by a cocoon of nourishing gel mask that soothes and hydrates even the driest sensitive skin.

Continue to indulge in an hour of muscle melting full body Swedish massage and a Healthy Glow Facial. Lastly, enhance the look of your nails with an express manicure and express pedicure.

240mins. K700

## FACIAL COLLECTIONS

### iSHGA HEALTHY GLOW FACIAL

A rejuvenating facial designed to revitalize and repair, suitable for all skin types even sensitive skin. It is particularly useful for brightening dull, tired skin and balances skin tone and texture.

This treatment will cleanse, tone, exfoliate and moisturize the skin leaving it revitalized and hydrated.

60mins - K240

### iSHGA TIMELESS BEAUTY FACIAL

Using a rich marine cleansing balm packed with hydrating fatty acids and a lifting and firming gel face and eye mask to tighten and tone the skin. The high content of seaweed extract in the products used is proven to preserve the skin's natural collagen, with powerful anti-aging properties that repair damaged skin cells which results in smoothing fine lines and wrinkles.

60mins - K260

### iSHGA SKINPECCABLE FACIAL

An indulgent, luxurious facial which incorporates a thorough skin care routine combined with three intensive masks. Including a deep exfoliation using a rich, vitamin-packed sea kelp powder which will remove dead skin to leave the skin bright and glowing.

This facial includes a warming massage of the face, scalp, shoulders and arms using heated sea salt and seaweed poultice which will absorb congestion and detoxify the skin, adding a host of vitamins and minerals into the face and upper body.

90mins - K320

### iSHGA MEN'S FACIAL

The iShga men's products are designed to detox and draw impurities from the skin whilst stimulating collagen production and combat signs of ageing. It calms irritation and super-boosts for tired, stressed and dehydrated skin.

This treatment will cleanse, tone and moisturize the skin leaving it revitalized and hydrated leaving a protective layer to prevent environmental damage.

60mins - K210

## MASSAGE COLLECTIONS

### SWEDISH

A combination of Eastern and Western massage techniques to reduce muscle tension & revive the body with positive energy.

This traditional massage uses gentle pressure with long flowing movements for total relaxation.

60mins - K179, 90mins - K219, 120mins - K309

### POULTICE OR HOT STONE MASSAGE

A rebalancing, light massage using either heated sea salt and seaweed granule filled poultices or basalt stones to relax the muscles and release the tension.

Combined with the human touch through massage, you will experience relaxation & healing at the deepest level. Aside from relieving stress and tension, it also assists in circulation and lymph flow.

60mins - K200, 90mins - K240

### FOOT REFLEXOLOGY

A therapeutically effective massage for the feet. Stimulating reflex points of the feet which corresponds to every organ and gland in the body.

60mins - K160, 90mins - K219

### DEEP TISSUE

It uses firm pressure and slow strokes to reach deeper layers of muscle and fascia (connective tissue surrounding the muscles).

60mins - K200, 90mins - K240

### SPORTS MASSAGE

A popular form of treatment for soft tissue injuries focusing on areas of the body that are overused and stressed from repetitive and often aggressive movements.

60mins - K200, 90mins - K240

### THAI TRADITIONAL MASSAGE

A dry acupressure massage combined with gentle yoga stretching techniques to loosen blockage & improve flexibility. This treatment will truly reawaken the body's energy flow and facilitate reconnection of body, mind & soul.

60mins - K200, 90mins - K240

## BODY TREATMENTS

### DETOX BODY WRAP

This treatment is designed to eliminate toxins, reduce cellulite, boost energy and improve skin tone and texture and detoxifying congestion from the body. This combines the detoxifying and nourishing effect of the purest seaweed gel and hydrating properties of the scrub.

60mins. K200

### NOURISHING BODY WRAP

Combining a hydrating salt scrub to remove dull, tired skin followed by a cocoon of a nourishing gel body mask which soothes, cool, hydrates and tones even the driest, sensitive skin. A wonderful scalp massage completes the experience.

60mins. K200

## NAIL COLLECTIONS

### PURE BLISS HAND RITUAL

A standard yet definitive manicure experience comprises of nail trimming, filling & shaping, cuticle work, relaxing hand and lower arm massage, paraffin hand bath. Finish off with application of nail polish.

60mins. K110

### PURE BLISS FOOT RITUAL

A standard yet definitive manicure experience comprises of nail trimming, filling & shaping, cuticle work, relaxing hand and lower arm massage, paraffin hand bath. Finish off with application of nail polish.

60mins. K125

### GEL MANICURE

A standard yet definitive manicure experience comprises of nail trimming, filling & shaping, cuticle work. It uses a gel base polish and uses LED lights to cure the polish and lock it into your nails.

60mins. K180

### GEL PEDICURE

A standard but perfect pedicure experience includes foot bath, moisturizing exfoliation, nail trimming, filling & shaping, cuticle work. It uses a gel base polish and uses LED lights to cure the polish and lock it into your nails. A short but relaxing foot massage will complete your pedicure.

60mins. K190

## EXPRESS SIGNATURE COLLECTIONS

### BACK, NECK & SHOULDER MASSAGE

Specifically designed to soothe away all the muscle stress & tension from the lower back up to the neck area

30mins - K95

### iSHGA EXPRESS FACIAL

Cleanse, tone, exfoliating mask and moisturize to hydrate and balance the skin

30mins - K120

### VISCHY SHOWER

It's a unique way of washing off your body. Upon lying on the table the water flows along your body down to drain. You'll feel relax and start to enjoy the experience

20mins - K100

### BODY SCRUB

Shredding off dead skin to attain healthy and glowing skin

20mins - K90

### EXPRESS PEDICURE

Nail trimming, filing & shaping, cuticle work with application of regular nail polish

30mins - K90

### EXPRESS MANICURE

Nail trimming, filing & shaping, cuticle work with application of regular nail polish

30mins - K80

### BATHTUB

Relax your mind and body as you drift away in a lavish nourishing milk bath and get the feel of hot water to relax and soothe tight, sore muscles

20mins - K100

## KIDS TREATMENT COLLECTIONS

(12 years old below)

Full body massage 60mins	K159
Back, neck & shoulder massage 60mins	K159
Back, neck & shoulder massage 30mins	K85
Foot massage 60mins	K135
Foot massage 30mins	K85
Prince/princess manicure 30mins	K70
Prince/princess pedicure 30mins	K80

## KIDS SPA PACKAGES

### ANGEL TOUCH

30mins back, neck & shoulder massage

30mins hand & foot massage

With milkshake

K150

### PAMPER ME

30mins back, neck & shoulder massage

Prince/princess manicure

Prince/princess pedicure

With milkshake

K162

### HEAD TO TOE

60mins full body massage

Prince/princess manicure

Prince/princess pedicure

With milkshake

K190

### ULTIMATE TREAT

2 x 30mins back, neck & shoulder massage

2 x 30mins foot massage

1 x Prince/princess manicure

1 x Prince/princess pedicure

1 x Regular express manicure

1 x Regular express pedicure

With milkshake (for kids only)

K514

## ESSENTIAL COLLECTIONS

### WAXING FOR HER

Half Leg/ Full Arm	K95
Full Leg	K160
Eye brow	K50
Lip/Chin	K45
Underarm	K50
Half Arm	K75
Bikini Line	K85
Bikini	K130
Brazilian	K190

### WAXING FOR HIM

Chest	K90
Back	K100

### THREADING

Eye brow	K60
Lip/Chin	K55

## CANCELLATION POLICY

- 4 hours advance notice is required for cancellation and rescheduling
- Reduction of treatment time for late arrivals whilst full treatment fee will apply
- Please advise your therapist if you are suffering from any medical conditions (i.e. allergies, asthma, back problems, diabetes, loss of sensations, etc.)
- The hotel and its employees will not hold any responsibility from any liability, claims or demands

## MEMBERSHIP

### 12 MONTHS MEMBERSHIP

Membership Fee K3,999

#### Inclusions:

- 4 vouchers for 90mins massage of choice
- 6 vouchers for 60mins massage of choice
- 1 voucher for 60mins facial of choice
- 1 voucher for overnight stay at Bacchus Room with buffet breakfast for 2 persons (excluding beverages)
- 6 x Free gym visit

#### Privileges:

- 25% discount on all spa treatment
- 10% discount for accompanying guest
- 5% discount on spa retail
- 15% discount on gift certificate purchased
- 10% discount on hotel accommodation (at best available rate)
- 10% discount on F&B dining (except alcohol)

### 6 MONTHS MEMBERSHIP

Membership Fee K2,250

#### Inclusions:

- 2 vouchers for 90mins massage of choice
- 4 vouchers for 60mins massage of choice
- 1 voucher for 60mins facial of choice
- 6 x Free gym visit

#### Privileges:

- 20% discount on all spa treatments
- 10% discount for accompanying guest
- 5% discount on spa retail
- 10% discount on gift certificate purchased 10% discount on hotel accommodation (at best available rate)
- 10% discount on F&B dining (except alcohol)

### MEMBERSHIP TERMS & CONDITIONS

- Bliss Spa membership is non transferable and not valid with any special offers unless otherwise stipulated by the hotel.
- Bliss Spa membership card must be presented before availing of any goods and services.
- Members are required to be at least 18 years old of age.
- The vouchers are valid for the duration of the membership only.

Disclaimer: Prices and services are subject to change without prior notice.